

Session Plan

Tutor		Date	Venue/Room		
Course/Topic- Home Fire Safety		Time	Duration: 1 hour - 1 hour 30 minutes		
<p>Aim Recognise the importance of keeping homes and family members safe from fire.</p>					
Timing	Objectives/Learning Outcomes The learner will:	Resources	Tutor Activity	Learner Activity	Assessment
10 minutes	Identify the main fire hazards within the home	Whiteboard/Flipchart Sticky note pads Marker Pens	<p>Enquire if anybody has been affected by fire in the past i.e. family members/friends.</p> <p>Explain the purpose of the session to the group.</p> <p>Ask the group to list examples of fire hazards in the home</p> <ul style="list-style-type: none"> ✓ Candles ✓ Matches and Lighters ✓ Chip Pan and ✓ Cooking 	<p>As group/individually list and explain examples of fire hazards in the home:</p> <p>Complete the 'find the hazard' section within the workbook</p>	<p>Q & A</p> <p>Workbook</p>

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			<ul style="list-style-type: none"> ✓ Smoking ✓ Fires and Heaters ✓ Electrical Appliances e.g. Hairdryers, Hair straightner. ✓ Aerosols ✓ Overloading 		
15 Minutes	Reflect on the consequences of a house fire and the benefits of working smoke alarms	DVD IT Equipment Flip Chart/White board Marker Pens	<p>Play the House Fire Section of the DVD.</p> <p>Following the DVD: Ask the group how many of them have working smoke alarms.</p> <p>List the benefits of having a working smoke alarm on the whiteboard/discussion.</p> <p>Facilitate the response from the students:</p>	<p>Watch the DVD</p> <p>Discuss the consequences of a fire occurring within their home.</p> <p>How often should you test the alarm? How often should you clean the alarm from dust?</p>	<p>Observation Of group discussion</p> <p>Q & A</p> <p>Workbook</p>

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			<p>Highlight that 'You are twice as likely to die in a house fire without a working smoke alarm.'</p> <p>'Every 3 days somebody dies from a fire caused by a cigarette'.</p> <p>How many smoke alarms are there in your home? Ans: at least two working smoke alarms (1 per floor).</p> <p>Refer students who do not have alarms to the Fire and Rescue Service for a free Home Fire Safety Check.</p> <p>How often should they test them? Weekly</p>		
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			<p>How often should they be cleaned (hoover around the alarm) Monthly</p> <p>Why should you close all doors within your property at night?</p> <p>Why should you switch off all electrical items at night?</p> <p>Which electrical items do not need to be switched off?</p>		
20 mins	Identify the hazards and risks associated with cooking fires/chip pan fires	DVD IT equipment	<p>Play the Cooking Fires section of the DVD.</p> <p>Reiterate <i>Get Out, Stay Out</i> and <i>Call 999</i></p>	Discuss the consequences of taking risks to put out a cooking fire.	<p>Q&A</p> <p>Group Discussion</p>

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<p>20 mins</p>	<p>Identify escape routes in the home from fire.</p> <p>Plan and design a Fire Escape Plan.</p>	<p>Flip Chart/Whiteboard Marker Pens Pencils Rulers</p>	<p>Highlight the importance of 'get out stay out and call 999'</p> <p>Explain the need for an escape plan through the facilitation of a group discussion 'what would you do if your smoke alarm went off during the night?'</p> <p>Explain the purpose of an escape plan.</p> <ul style="list-style-type: none"> ✓ Everybody knows how to escape ✓ Exits kept clear ✓ Second route in case one is blocked ✓ Practice the plan ✓ Review it if the home layout changes 	<p>Consider the best means of escape in the event of a fire occurring.</p> <p>Draw a plan of their home within the workbook.</p>	<p>Observation Of group discussion</p> <p>Q & A</p> <p>Workbook</p> <p>Workbook</p>
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			<p>Ask the learners to draw their own escape plan in the workbook</p> <p>Utilise the workbook to record the learner's answers.</p>		
20 mins	<p>Reflect and summarise:</p> <ul style="list-style-type: none"> • the main fire hazards within the home, • benefits of working smoke alarms and • how to protect yourself in the event of a fire occurring 	<p>Quiz (within workbook)</p> <p>Pens</p>	<p>Facilitate the quiz.</p> <p>Provide the correct answers at the end of the quiz.</p>	<p>Complete the Home Fire Safety quiz within the workbook</p>	<p>Multiple Choice quiz within the booklet</p>

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